



# 伝統沖縄剛柔流空手道連盟

TRADITIONAL OKINAWAN GOJU-RYU KARATE-DO FEDERATION

## Kyu Grading Requirements - 2023

### Adult Kyu Grading Kata & Bunkai Requirement

Rank to	Kata	Bunkai
10th Kyu		
9th Kyu	Gekisai Dai Ichi - sequence	
8th Kyu	Gekisai Dai Ichi - good form Gekisai Dai Ni - sequence	
7th Kyu	Gekisai Dai Ni - good form Sanchin - sequence	Gekisai Dai Ichi
6th Kyu	Saifa- sequence	Gekisai Dai Ni
5th Kyu	Saifa - good form Sanchin - good form	Saifa
4th Kyu	Seiyunchin - sequence	Gekisai Dai Ichi Renzoku Bunkai
3rd Kyu	Seiyunchin - good form	Seiyunchin (first 6 bunkai)
2nd Kyu	Shisochin - sequence	Seiyunchin (last 6 bunkai)
1 st Kyu	Shisochin - good form	
Shodan		Shisochin

March 15,2023